

Natasha L. Gallant, Ph.D., R.D.Psych.

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EDUCATION

- 2016 – 2021** **Doctor of Philosophy in Clinical Psychology**
Department of Psychology, University of Regina, Regina, SK
Dissertation: Facilitators & barriers to technology adoption: An automated pain detection system for long-term care (*Supervisor:* Dr. Thomas Hadjistavropoulos)
- 2019 – 2020** **Pre-Doctoral Internship in Clinical Psychology**
Department of Psychology, The Ottawa Hospital, Ottawa, ON
Tracks: Health & Rehabilitation Psychology
Rotations: Psychological Consultation for Inpatient Services (*Supervisor:* Dr. Lucia Farinon); Psychosocial Oncology Program (*Supervisor:* Dr. Cheryl Harris); Chronic Pain Management Program (*Supervisor:* Dr. Christine Boisvert); General Outpatient Services at The Rehabilitation Centre (*Supervisor:* Dr. Christine Boisvert)
- 2014 – 2016** **Master of Arts in Clinical Psychology**
Department of Psychology, University of Regina, Regina, SK
Thesis: Experiencing pain alone and in the presence of others: A study of older adults (*Supervisor:* Dr. Thomas Hadjistavropoulos)
- 2009 – 2013** **Bachelor of Arts in Psychology & Media, Information, and Technoculture (MIT)**
Department of Psychology, Huron University College, London, ON
Thesis: Contribution of mood states and stimulus type on pain perceptions (*Supervisor:* Dr. Derek Quinlan)

ACADEMIC POSITIONS

- 2023 – present** **Canada Research Chair in Aging and Long-Term Care**
Department of Psychology, University of Regina, Regina, SK
- 2022 – present** **Aging Studies Graduate Program Co-Coordinator**
Center on Aging and Health, University of Regina, Regina, SK
- 2020 – present** **Assistant Professor in Clinical Psychology**
Department of Psychology, University of Regina, Regina, SK

AREAS OF EXPERTISE

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| Aging | Implementation Science | Quality Of Life |
| Caregiving | Loneliness | Social Isolation |
| Chronic Disease | Long-Term Care | Social Support |
| Dementia | Mental Health | Technology |
| Emotion Regulation | Pain | Time Perception |
| Facial Expressions | Physical Health | Well-Being |

FUNDING

TOTAL AMOUNT AWARDED: \$4,737,242

TOTAL NUMBER OF GRANTS AWARDED: 21

FUNDING: PRINCIPAL INVESTIGATOR

TOTAL AMOUNT AWARDED: \$1,202,623

TOTAL NUMBER OF GRANTS AWARDED: 16

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| 2023 – 2028 | Canada Foundation for Innovation’s John R. Evans Leaders Fund – Partnerships: “Aging, Residents, and Caregivers (ARC) Living Lab” (\$199,821) |
| 2023 – 2028 | Canadian Institutes of Health Research’s Tier 2 Canada Research Chair Salary Award: “Aging & Long-Term Care” (\$500,000) |
| 2023 – 2028 | Canadian Institutes of Health Research’s Tier 2 Canada Research Chair Research Stipend: “Aging & Long-Term Care” (\$100,000) |
| 2024 – 2025 | Saskatchewan Health Research Foundation’s Align Grant: “Integrating Dementia-Friendly Time into Best Practices for Dementia Care” (\$9,971) |
| 2023 – 2024 | University of Regina’s Canada Research Chair Start-Up Research Grant: “Aging & Long-Term Care” (\$32,000) |
| 2023 – 2024 | University of Regina’s Vice President (Research) Discretionary Funds: “Evaluation of the Canadian Red Cross Friendly Calls +: Hospital to Home Pilot” (\$15,000) |
| 2023 – 2024 | Saskatchewan Health Research Foundation’s Align Grant: “Research Priorities for Long-Term Care Residents with Serious Mental Illness” (\$9,857) |
| 2023 – 2024 | University of Regina’s Social Sciences & Humanities Research Council Explore Grant: “Mental Health Care Needs of Racial and Ethnic Minorities Living with Chronic Pain in Canada” (\$6,000) |
| 2023 – 2024 | University of Regina’s Dean of Arts Research Award: “Understanding the Experience of Lived Time Among People Living with Dementia: An Interpretive Phenomenological Study” (\$5,000) |
| 2022 – 2023 | Social Sciences & Humanities Research Council’s Knowledge Synthesis Grant: “Critical Analysis of Historical and Contemporary Evidence Related to Expressions of Belonging Within the Canadian Long-Term Care Sector: A Scoping Review” (\$29,962) |
| 2022 – 2023 | AGE-WELL Networks of Centres of Excellence’s Early Career Researcher Grant Program: “Long-Term Care Connects: Establishing an Advisory Council and Hosting Policy & Practice Innovation Labs” (\$7,000) |

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| 2022 – 2023 | AGE-WELL Networks of Centres of Excellence’s Early Career Researcher Patient Engagement Supplement: “Patient Partner Engagement to Inform Research on Time Perceptions in Dementia” (\$5,000) |
| 2021 – 2023 | Saskatchewan Health Research Foundation’s Establishment Grant: “Efficacy & Effectiveness of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders for Individuals Living with Chronic Diseases” (\$116,410) |
| 2021 – 2023 | University of Regina’s Dean of Arts Research Award: “Middle-Aged Resilience & Resistance Study (MARRS): A Study of the Influence of Ageism on the Midlife Years” (\$4,830) |
| 2020 – 2023 | Canadian Institutes of Health Research’s Implementation Science Teams for Strengthening Pandemic Preparedness in Long-Term Care: “Presence of Family and Other Informal Caregivers in Long-Term Care During COVID-19 and Beyond” (\$149,772) |
| 2020 – 2022 | University of Regina’s Start-Up Research Grant: “Psychosocial Stressors in Development of Chronic Diseases Across the Lifespan” (\$12,000) |

FUNDING: CO-PRINCIPAL INVESTIGATOR

TOTAL AMOUNT AWARDED: \$5,934,619

TOTAL NUMBER OF GRANTS AWARDED: 6

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| 2024 – 2030 | Canadian Institutes of Health Research’s Health Research Training Platform: “Shaping the Future of Learning Health Systems in Canada through the Health System Impact Training Platform” (\$2,400,000) |
| 2022 – 2027 | Canadian Institutes of Health Research’s Health Research Training Platform: “Early Professionals, Inspired Careers in AgeTech (EPIC-AT)” (\$2,400,000) |
| 2024 – 2025 | Saskatchewan Health Research Foundation’s Align Grant: “Engaging Indigenous Communities in Cognitive Remediation Group Therapy” (\$10,000) |
| 2024 – 2025 | Public Health Agency of Canada’s Intersectoral Action Fund: “Development, Implementation, and Evaluation of a Bilingual Rights-Based Data Repository: An Educational Intervention to Improve Knowledge About the Human Rights of Older Adults” (\$249,622) |
| 2023 – 2024 | Canadian Institutes of Health Research’s Catalyst Grant—Policy Research for Health System Transformation: “Implementing Best Practices in Long-Term Care Settings: Strategies to Guide Health Services & Policies” (\$324,997) |
| 2020 – 2024 | Canadian Institutes of Health Research’s Health System Impact Fellowship National Cohort Training Program: “Enhancing a Community of Practice for the Health System Impact Fellowship Program” (\$550,000) |

PEER-REVIEWED JOURNAL ARTICLES

- Daari, L., Finnegan, H. A., Jaiswal, A., Sriranganathan, A., Cameron, C. D., Haczekwicz, K. M., Monnin, C., Aubrecht, C., Bielska, I., Cheng, I., Conway, A., Sinn, C. J., Ghandour, E-K., & **Gallant, N. L.** (accepted). Caregiving in long-term care before and during the COVID-19 pandemic: A scoping review. *European Geriatric Medicine*.
- Haczekwicz, K. M., Shahid, S., Finnegan, H. A., Monnin, C., Cameron, C. D., & **Gallant, N. L.** (in press). Investigating the role of adverse childhood experiences (ACEs) and resilience in older adult outcomes: A scoping review. *Child Abuse & Neglect*.
- Gallant, N. L.**, Russill, C. L., Taylor, N., Nakonechny, S., Kohlert, A., & Ewing, K. (2024). Time perception among people living with and without dementia: A scoping review. *Dementia*.
- Ashraf, M. N., **Gallant, N. L.**, & Bradley, C. (2024). Digital health interventions in older adult populations living with chronic disease in developed countries: A scoping review protocol. *JMIR Research Protocols*, 13, e49130.
- Haczekwicz, K. M., Hill, T. G., Cameron, C. D., Iftikhar, Z., & **Gallant, N. L.** (2024). Group psychological treatment preferences of individuals living with chronic disease: Brief report of a Saskatchewan-based cross-sectional survey. *INQUIRY*, 61, 469580241237112.
- Kohlert, A., **Gallant, N. L.**, Hill, T. G. (2024). Age and psychosocial contributors to well-being among older adults living with chronic pain. *Cogent Psychology*, 11(1).
- Cameron, C. D., Mounir, N. A., Abdulkareem, S. T., & **Gallant, N. L.** (2023). Designing a virtual course for essential care partners (ECPs) in long-term care (LTC): A pre-implementation study. *Aging & Mental Health*, 28(5), 771-90
- Gallant, N. L.**, Hadjistavropoulos, T., Stopyn, R. J. N., & Feere, E. (2023). Integrating technology adoption models into implementation science methodologies: A mixed-methods pre-implementation study. *The Gerontologist*, 63(3), 416-427.
- Finnegan, H., Daari, L., Jaiswal, A., Sinn, C. J., Ellis, K., Kallan, L., Nguyen, D., & **Gallant, N. L.** (2022). Changing care: Applying the Transtheoretical Model of Change to embed equity, diversity, and inclusion in long-term care research in Canada. *Societies*, 12(3), 87.
- Gallant, N. L.**, Hadjistavropoulos, T., Winters, E. M., Feere, E. K., & Wickson-Griffiths, A. (2022). Development, evaluation, and implementation of an online pain assessment training program for staff in rural long-term care facilities: A case series approach. *BMC Geriatrics*, 22, 336.
- Gallant, N. L.**, Hardy, M.-S., Beogo, I., Conklin, J., Connelly, D., Kaasalainen, S., Keefe, J., Robitaille, A., Yous, M.-L., Fanaki, C., & Cameron, C. (2022). Improving family presence in long-term care during the COVID-19 pandemic. *Healthcare Quarterly*, 25(SP), 34–40.
- Bouchard, K., Gareau, A., **Gallant, N. L.**, Lalande, K., Greenman, P. S., Sztajerowska, K., & Tulloch, H. (2021). Dyadic effects of anxiety and depression on quality of life among couples facing cardiovascular disease. *Journal of Psychosomatic Research*, 149, 110601.
- Newton, C., Hadjistavropoulos, T. & **Gallant, N. L.**, MacNab, Y. C. (2021). Age differences in attitudes about older adults with dementia. *Ageing & Society*, 41(1), 121-136.

Gallant, N. L., Peckham, A., Marchildon, G., Hadjistavropoulos, T., Roblin, B., & Stopyn, R. J. N. (2020). Provincial legislative and regulatory standards for pain assessment and management in long-term care homes. *BMC Geriatrics*, 20(1), 458.

Ghandehari, O., **Gallant, N. L.,** Hadjistavropoulos, T., Williams, J., & Clark, D. A. (2020). The relationship between the pain experience and emotion regulation in older adults. *Pain Medicine*, 21(12), 3366-3376.

Zahid, M., **Gallant, N. L.,** Hadjistavropoulos, T., & Stroulia, E. (2020). Behavioral pain assessment implementation in long-term care using a tablet app: Case series and quasi experimental design. *Journal of Medical Internet Research mHealth and uHealth*, 8(4), e17108.

Gallant, N. L. & Hadjistavropoulos, T. (2017). Experiencing pain alone and in the presence of others: A laboratory experiment of older adults. *The Journal of Pain*, 18(4), 456-467.

BOOK CHAPTERS

Hadjistavropoulos, T., & **Gallant, N. L.** (in press). Ethics for psychologists involved in the development, evaluation, and implementation of advanced technologies for older adults. Oxford University Press.

Hadjistavropoulos, T., **Gallant, N. L.,** & Gagnon, M. (2018). Chronic pain in adults. In John Hunsley & Eric J. Mash (Eds.), *A guide to assessments that work (2nd ed.)* (pp. 608-627). Oxford University Press.

Hadjistavropoulos, T., & **Gallant, N. L.** (2018). Pain in older adults: Caregiver challenges. In Karos, K., Prkachin, K., Trost, Z. & Vervoort, T. (Eds.), *Social and interpersonal dynamics in pain: We don't suffer alone* (pp. 415-429). Springer.

CLINICAL GUIDELINES

Gallant, N. L., Stewart, S.L., Theall, L., Arbeau, K., Marshman, M.E., Liebenberg, L., & MacLeod, K. (2016). Strengths CAP. In S.L. Stewart, L.A. Theall, J.N. Morris, et al. *interRAI ChYMH-DD Collaborative Action Plans (CAPs): For use with the interRAI ChYMH-DD Assessment Instrument* (pp. 153-157). interRAI.

Stewart, S.L., **Gallant, N. L.,** Theall, L., Carter, J., Mathias, K., McKnight, M., Beharry, P., Rielly, N., Eckel, L., & Hirdes, J.P. (2016). Support Systems for Discharge CAP. In S.L. Stewart, L.A. Theall, J.N. Morris, et al. *interRAI ChYMH-DD Collaborative Action Plans (CAPs): For use with the interRAI ChYMH-DD Assessment Instrument* (pp. 169-175). interRAI.

Arbeau, K., Liebenberg, L., Stewart, S.L., Marshman, M.E., MacLeod, K., Theall, L., & **Gallant, N. L.** (2015). Strengths CAP. In S.L. Stewart, L.A. Theall, J.N. Morris, et al. *interRAI ChYMH Collaborative Action Plans (CAPs): For use with the interRAI ChYMH Assessment Instrument* (pp. 163-167). interRAI.

NEWSLETTER ARTICLES

Gallant, N. L. (2021). Managing My First CIHR Grant: Reflections of an Early Career Researcher. In Jennifer Gordon (Ed.), *Health Notes* (p. 29-31). Canadian Psychological Association.

Gallant, N. L. (2020). Early Career Award Winner: Dr. Meghan McMurtry. In Jennifer Gordon (Ed.), *Health Notes* (p. 4-5). Canadian Psychological Association.

Gallant, N. L. (2019). Senior Investigator Award Winner: Dr. Wolfgang Linden. In Jennifer Gordon (Ed.), *Health Notes* (p. 4). Canadian Psychological Association.

NEWSLETTERS

Cameron, C., Abdulkareem, S., & **Gallant., N. L.** (2022, December). Long-Term Care Connects: Quarterly Newsletter (Fall 2022).

Cameron, C. & **Gallant., N. L.** (2022, June). Long-Term Care Connects: Quarterly Newsletter (Summer 2022).

Cameron, C. & **Gallant., N. L.** (2022, March). Long-Term Care Connects: Quarterly Newsletter (Spring 2022).

POLICY REPORTS

Gallant, N. L., Finnegan, H. A., & Jaiswal, A. (2024). Reimagining the Canadian long-term care sector. Ottawa, Ontario: Social Sciences & Humanities Research Council—Knowledge Synthesis Grants Evidence Briefs.

Gallant, N. L. (2020). Key barriers faced by older adults staying in the workforce or returning to the workforce once they have exited: Policy recommendations. Fredericton, New Brunswick: AGE-WELL National Innovation Hub—Advancing Policies & Practices in Technology & Aging.

Gallant, N. L., Imeah, B., Berry, W., & Paluck, E. (2019). An assessment of a subsidized assisted living pilot program for clients already in long-term care facilities. Regina, Saskatchewan: Saskatchewan Health Authority.

TECHNICAL REPORTS

Russill, C. L., Thorsteinson, V. H., & **Gallant, N. L.** (2024). National Cohort Training Program: An Evaluation of Theme III (Innovative Approaches to Learning Health System Improvements) for the Health System Impact Fellowship.

Russill, C. L., **Gallant, N. L.**, & De Roo, B. (2024). National Cohort Training Program: An Evaluation of Theme II (Bridging Research and Policy for Impactful and Equitable Change) for the Health System Impact Fellowship.

Russill, C. L., **Gallant, N. L.**, & De Roo, B. (2024). National Cohort Training Program: An Evaluation of the National Cohort Retreat (Sustainability Science for Health Systems, Fellows, and Beyond) for the Health System Impact Fellowship.

Russill, C. L., **Gallant, N. L.**, & De Roo, B. (2023). National Cohort Training Program: An Evaluation of the National Cohort Retreat (Equity, Diversity, and Inclusion) for the Health System Impact Fellowship.

Russill, C.L., **Gallant, N.L.**, & De Roo, B. (2023). National Cohort Training Program: An Evaluation of Theme VIII (Implementation Science) for the Health System Impact Fellowship.

Cameron, C., **Gallant, N. L.**, Russill, C.L., De Roo, B., Oddone Paolucci, E. (2023) National Cohort Training Program: An Evaluation of Theme VII (Demonstrating Impact) for the Health System Impact Fellowship.

Cameron, C., **Gallant, N. L.**, De Roo, B., Oddone Paolucci, E. (2022). National Cohort Training Program: An Evaluation of Theme VI (Equity, Diversity, and Inclusion) for the Health System Impact Fellowship.

Cameron, C., **Gallant, N. L.**, & Oddone Paolucci, E. (2022). National Cohort Training Program: An Evaluation of Theme V (Patient-Oriented Research) for the Health System Impact Fellowship.

Cameron, C., **Gallant, N. L.**, & Oddone Paolucci, E. (2022). National Cohort Training Program: An Evaluation of Theme IV (Breaking Silos: The Art & Science of Leadership) for the Health System Impact Fellowship.

Cameron, C., **Gallant, N. L.**, & Oddone Paolucci, E. (2022). National Cohort Training Program: An Evaluation of the National Cohort Retreat for the Health System Impact Fellowship.

CONFERENCE PRESENTATIONS

De Roo, B., Winters, E. M., & **Gallant, N. L.** (2024, June). Impact of institutional betrayal and institutional courage on mental health in people with chronic disease. Poster presentation presented at the Canadian Psychological Association's 85th Annual National Convention, Ottawa, ON.

Haczekwicz, K. M. & **Gallant, N. L.** (2024, June). Identifying the support needs of the informal caregivers of long-term care residents: The potential benefits of a mobile application. Poster presentation presented at the Canadian Psychological Association's 85th Annual National Convention, Ottawa, ON.

Nasir, A. & **Gallant, N. L.** (2024, June). Impact of cultural adaptation in digital narrative therapy on psychological distress: A randomized controlled trial. Poster presentation presented at the Canadian Psychological Association's 85th Annual National Convention, Ottawa, ON.

Russill, C. L., Taylor, H. G., & **Gallant, N. L.** (2024, June). Trusting disposition, social trust, confidence in institutions, and sense of belonging: A serial mediation model. Poster presentation presented at the Canadian Psychological Association's 85th Annual National Convention, Ottawa, ON.

Thorsteinson, V. H. & **Gallant, N. L.** (2024, June). The relationship between migraines and mental health in women. Poster presentation presented at the Canadian Psychological Association's 85th Annual National Convention, Ottawa, ON.

Ashraf, M. N., Thorsteinson, V. H., De Roo, B. T., & **Gallant, N. L.** (2024, May). Digital health interventions for chronic disease management among older adults in developed countries: A scoping review. Poster presentation presented at the CAHSPR 2024, Ottawa, ON.

Sy, E., Deptuch, E., England, J., Kassir, S., **Gallant, N. L.**, & Mailman, J. (2024, January). Impact of a virtual ICU recovery clinic in Saskatchewan, Canada. Poster session presented at the Society for Critical Care Medicine's 2024 Critical Care Congress, Phoenix, United States.

Gallant, N. L. (2023, October). Perceptions of time among people living with dementia: A scoping review. Poster session presented at the Canadian Association on Gerontology's 52nd Annual Scientific and Educational Meeting, Toronto, ON.

- Ashraf, M. N. & **Gallant, N. L.** (2023, October). Digital health interventions for chronic disease management among older adults in developed countries: A scoping review. Poster session presented at the Canadian Association on Gerontology's 52nd Annual Scientific and Educational Meeting, Toronto, ON.
- Kohlert, A., Hill, T. G., **Gallant, N. L.** (2023, October). Age and psychosocial contributors to well-being among older adults living with chronic pain. Poster session presented at the Canadian Association on Gerontology's 52nd Annual Scientific and Educational Meeting, Toronto, ON.
- Ashraf, M. N. & **Gallant, N. L.** (2023, October). Digital health interventions for chronic disease management among older adults in developed countries: A scoping review. Poster session presented at the AGE-WELL Conference, Toronto, ON.
- Ashraf, M. N. & **Gallant, N. L.** (2023, October). Digital health interventions for chronic disease management among older adults in developed countries: A scoping review. Poster session presented at the 22nd Annual Saskatchewan Epidemiology Association Fall Symposium, Saskatoon, SK.
- Iftikhar, Z. & **Gallant, N. L.** (2023, September). Psychological interventions for chronic pain and trauma management: A scoping review. Poster session presented at the PAINWeek Conference, Las Vegas, United States.
- Gallant, N. L.** & Ewing, K. (2023, August). Perceptions of time and freedom in dementia and its effects on well-being. Paper session presented at the European Society for Philosophy & Psychology's 30th Annual Meeting of the European Society for Philosophy and Psychology, Prague, Czech Republic.
- Ewing, K., **Gallant, N. L.**, & Nakonechny, S. (2023, August). Perceptions of time and freedom in dementia and its effects on well-being. Paper session presented at the European Society for Analytic Philosophy's 11th European Congress of Analytic Philosophy, Vienna, Austria.
- Dumitrescu, D. I., Cameron, C. D., Brodersen, K., **Gallant, N. L.**, & Wickson-Griffiths, A. (2023, June). Middle-aged resiliency and resistance study (MARRS): A mixed-methods exploration of ageism across the lifespan. Paper presentation presented at the Canadian Psychological Association's 84th Annual National Convention, Toronto, ON.
- Gallant, N. L.**, De Roo, B., & Kohlert, A. (2023, May). Pain & loneliness: A scoping review. Poster session presented at the Canadian Pain Society Annual Scientific Meeting, Banff, AB.
- Gallant, N. L.** & Thorsteinson, V. H. (2023, May). Adversity and resilience among older adults living with chronic pain. Poster presented at the annual Canadian Pain Society Annual Scientific Meeting. Banff, AB.
- Haczekwicz, K. M., Iftikhar, Z., Cameron, C. D., & **Gallant, N. L.** (2023, May). Group-based psychological treatment for chronic disease management: Applications for chronic pain. Poster session presented at the Canadian Pain Society Annual Scientific Meeting, Banff, AB.
- Dumitrescu, D. I. & **Gallant, N. L.** (2023, May). Comparing resilience and coping among emerging, young, and middle adults. Virtual paper presented at World Class Day 6 by the University of Saskatchewan.
- Dumitrescu, D. I. & **Gallant, N. L.** (2023, April). Comparing resilience and coping among emerging, young, and middle adults. Poster presentation at the Psychology Undergraduate Research Conference, Winnipeg, MB.
- Kohlert, A., & **Gallant, N. L.** (2023, April). An examination of the well-being paradox among older adults with chronic pain. Poster presentation at the Psychology Undergraduate Research Conference, Winnipeg, MB.

- Cameron, C. D., Dumitrescu, D. I., & **Gallant, N. L.** (2022, December). Middle-Aged Resilience and Resistance Study (MARRS): Aging across the lifespan. Virtual poster session presented at the International Council of Psychologists' 80th Annual Conference.
- Dumitrescu, D. I., Brodersen, K., **Gallant, N. L.**, & Wickson-Griffiths, A. (2022, December). Middle-Aged Resilience and Resistance Study (MARRS): Ageism and age-inclusivity. Virtual poster session presented at the International Council of Psychologists' 80th Annual Conference.
- Mounir, N., & **Gallant, N. L.** (2022, December). Co-development of an intervention for long-term care during the COVID-19 pandemic. Virtual poster session presented at the International Council of Psychologists' 80th Annual Conference.
- Gallant, N. L.**, Finnegan, H. A., Jaiswal, A., Haczkevicz, K. M., Pasha, M., Dumitrescu, D. I., Shahid, S., Cameron, C. D., & Monnin, C. (2022, October). Critical analysis of historical and contemporary evidence related to expressions of belonging within the Canadian long-term care sector: A rapid scoping review. Paper session presented at the Canadian Association on Gerontology's 51st Annual Scientific and Educational Meeting, Regina, SK.
- Daari, L., Finnegan, H. A., Jaiswal, A., Cameron, C. D., Monnin, C., & **Gallant, N. L.** (2022, October). Unpaid caregiving in long-term care and biopsychosocial health among residents, unpaid caregivers, and staff: A scoping review of before and during the COVID-19 pandemic. Poster session presented at the Canadian Association on Gerontology's 51st Annual Scientific and Educational Meeting, Regina, SK.
- Dumitrescu, D. I., Brodersen, K., **Gallant, N. L.**, & Wickson-Griffiths, A. (2022, October). Middle-Aged Resilience and Resistance Study (MARRS): A qualitative study of the influence of ageism and age-inclusivity on the midlife years. Poster session presented at the Canadian Association on Gerontology's 51st Annual Scientific and Educational Meeting, Regina, SK.
- Fraser, B., **Gallant, N. L.**, Phillips, K., & Moore, H. (2022, October). Exploring cognitive effects of the oral use of cannabinoids among older adults with acquired neurological conditions: A scoping review. Poster session presented at the Canadian Association on Gerontology's 51st Annual Scientific and Educational Meeting, Regina, SK.
- Thorsteinson, V. H. & **Gallant, N. L.** (2022, October). Adversity and resilience among older adults living chronic pain. Poster session presented at the Canadian Association on Gerontology's 51st Annual Scientific and Educational Meeting, Regina, SK.
- Gallant, N. L.** (2022, June). Ageism's role in decisions to stay in, exit, and return to the workforce. Paper session presented at the Canadian Psychological Association's 83rd Annual National Convention, Calgary, AB.
- Haczkevicz, K. M., Shahid, S., Finnegan, H. A., Monnin, C., & **Gallant, N. L.** (2022, June). The role of adverse childhood experiences (ACEs) and resilience in older adult outcomes: A scoping review. Poster session presented at the Canadian Psychological Association's 83rd Annual National Convention, Calgary, AB.
- Shahid, S. & **Gallant, N. L.** (2022, June). Cultural and Islamic influences on the perceptions of mental health services in middle-aged Muslim adults. Poster session presented at the Canadian Psychological Association's 83rd Annual National Convention, Calgary, AB.
- Gallant, N. L.**, McAuley, D., Letson, J., Daari, L., & Jaiswal, A. (2022, May). Supporting unpaid caregivers in Canadian long-term care homes during the COVID-19 pandemic and beyond. Virtual paper session presented at Research Institute for Aging's Walk with Me Conference.

- Jaiswal, A. & **Gallant, N. L.** (2022, May). Combating social isolation among older adults with/without sensory loss in continuing care in Canada. Virtual paper session presented at Research Institute for Aging's Walk with Me Conference.
- Gallant, N. L.** (2022, May). The role of adverse childhood experiences on pain among older adults: A rapid review. Poster session presented at Canadian Pain Society Annual Scientific Meeting, Montreal, QC.
- Haczkevicz, K. M., Wiebe, R., & **Gallant, N. L.** (2021, November). Effectiveness of a brief internet-delivered behaviour change intervention among healthy middle-aged adults: A randomized controlled trial protocol. Virtual poster session presented at the Saskatchewan Health Research Showcase.
- Dumitrescu, D. I. & **Gallant, N. L.** (2021, November). Middle-Aged Resiliency and Resistance Study (MARRS): A qualitative study of the influence of ageism and age-inclusivity on the midlife years. Virtual poster session presented at the Saskatchewan Health Research Showcase.
- Santos, J. D. M., Mailman, K., Kassir, S., Lee, S., Reimche, E., Burslo, C., **Gallant, N. L.**, Moisey, L., Klest, B., Valiani, S., Stelfox, T., Bagshaw, S., Betcher, J., Isaac, M., Sidebottom, S., Selinger, S., Lau, V., & Sy, E. (2021, November). The Saskatchewan Virtual ICU Recovery Clinic: an initiative to facilitate the transition from critical illness to recovery. Virtual poster session presented at the Saskatchewan Health Research Showcase.
- Gallant, N. L.**, Lawrence, L., Singal, D., McMahon, M., Brown, A., & Tomblin Murphy, G. (2021, October). Early-career researchers and science-policy opportunities: Sparking a dialogue on models to support the next generation of Canadian researchers. Virtual paper session presented at the Canadian Science Policy Centre's 13th Annual Canadian Science Policy Conference.
- Gallant, N. L.**, Jaiswal, A., Mehwish, A., Daari, L., Cheng, I., Sinn, C. J., Bielska, I., Aubrecht, C., Finnegan, H., Nguyen, D., Shearkhani, S., Moore, E., Conway, A., Lawrence, L., Ghandour, E. K., Doupe, M., Hadjistavropoulos, T., Wodchis, W., Gahagan, J., Agarwal, G., Chan, A., & Zwarenstein, M. (2021, July). Protocol for developing, implementing, and evaluating an intervention designed to support the safe (re)integration of unpaid caregivers into Canadian long-term care homes during the COVID-19 pandemic. Virtual poster session presented at the 4th UK Implementation Science Research Conference.
- Gallant, N. L.**, Hadjistavropoulos, T., Winters, E. M., Feere, E., & Wickson-Griffiths, A. (2021, June). Pain assessment in rural long-term care: An examination of staff perspectives. Virtual poster session presented at the Canadian Psychological Association's 2021 Virtual Event.
- Garcia Vargas, M. F. & **Gallant, N. L.** (2021, June). The influence of perceived social support and psychological resilience on the relationship between adverse childhood experiences and self-rated health: A cross-sectional study of community-dwelling older adults. Virtual poster session presented at the Canadian Psychological Association's 2021 Virtual Event.
- Feere, E. & **Gallant, N. L.** (2021, June). The influence of adverse childhood experience, psychological resilience, and attachment style on dark triad traits. Virtual poster session presented at the Canadian Psychological Association's 2021 Virtual Event.
- Menear, M., Rice, D., Bielska, I., Chishtie, J., Conway, A., Embrett, M., Fazli, G., **Gallant, N. L.**, Girard, A., Slater, M., Sim, M., & Aubrecht, K. (2021, May). Long-term impacts of pandemics and disasters on population mental health: A systematic review. Virtual poster session presented at the 2021 Annual CAHSPR Conference.

- Gallant, N. L.** (2020, June). Key barriers faced by older adults staying in the workforce or returning to the workforce once they have exited. Virtual paper session presented at AGE-WELL's EPIC Conference, Toronto, ON.
- Gallant, N. L.,** Feere, E., & Hadjistavropoulos, T. (2019, October). Understanding facilitators and barriers to technology adoption: An automated pain detection system for long-term care. Poster session presented at AGE-WELL's Annual Conference, Moncton, NB.
- Zahid, M., **Gallant, N. L.,** Hadjistavropoulos, T., & Stroulia, E. (2019, October). Pain assessment in long-term care facilities using a tablet app. Poster session presented at Canadian Association in Gerontology's Annual Conference, Moncton, NB.
- Gallant, N. L.** & Hadjistavropoulos, T. (2019, May). The influence of personality factors on intentions to use a computer vision system to automatically detect and monitor pain behaviour in long-term care residents. Poster session presented at the Canadian Association for Health Services and Policy Research's Scientific Conference, Halifax, NS.
- Lawrence, L., Rice, D., Aboueid, S., Lopatina, E., **Gallant, N. L.,** Tate, K., Kandola, D., Recsky, C., Roher, S., Yu, T., Avdagovska, M., & Trowbridge, J. (2019, May). Integrating professional and academic development. Panel session presented at the Canadian Association for Health Services and Policy Research's Scientific Conference, Halifax, NS.
- Lopatina, E., Trowbridge, J., Rice, D., Kandola, D., Aboueid, S., **Gallant, N. L.,** Recsky, C., Muller, M., Rab, F., Roher, S., Yu, T., Avdagovska, M., & Lawrence, L. (2019, May). Experiences of the inaugural cohort of PhD Health System Impact fellows. Poster session presented at the Canadian Association for Health Services and Policy Research's Scientific Conference, Halifax, NS.
- Gallant, N. L.,** Hadjistavropoulos, T., & Wickson-Griffiths, A. (2018, October). Improved pain assessments following implementation of an online training program and standardized protocol in rural long-term care facilities. Poster session presented at AGE-WELL's Annual Conference, Vancouver, BC.
- Browne, M. E., **Gallant, N. L.,** Hadjistavropoulos, T. (2018, September). Readiness for change and evaluations of an online pain assessment/management training program in rural long-term care: A linguistic analysis. Poster session presented at the World Congress on Pain, Boston, MA.
- Gallant, N. L.,** Hadjistavropoulos, T., & Wickson-Griffiths, A. (2017, May). Attitudes toward the possibility of an online pain assessment/management training program in rural long-term care facilities. Poster session presented at Canadian Pain Society Annual Scientific Meeting, Halifax, NS.
- Gallant, N. L.,** Hadjistavropoulos, T., Taati, B., Prkachin, K., Marchildon, G., Browne, E., Ashraf, A., & Asgarian, A. (2016, October). Technology adoption readiness in long-term care. Poster session presented at AGE-WELL's Annual Conference, Montreal, QC.
- Ashraf, A., Taati, B., Hadjistavropoulos, T., Prkachin, K., Browne, E., Asgarian, A., Marchildon, G., & **Gallant, N. L.** (2016, October). Computer vision based facial expression analysis for recognizing pain in older adults. Poster session presented at AGE-WELL's Annual Conference, Montreal, QC.
- Gallant, N. L.,** & Hadjistavropoulos, T. (2016, May). Pain alone vs. in the presence of another: A study of older adults. Poster session presented at Canadian Pain Society Annual Scientific Meeting, Vancouver, BC.

Gallant, N. L., Hadjistavropoulos, T., Delbaere, K., Ammaturo, D., Dever Fitzgerald, T., & Scudds, R. (2015, June). Activities of daily living questionnaire scores and indices of functional ability. Poster session presented at Canadian Psychological Association's Annual Convention, Ottawa, ON.

Ammaturo, D., Hadjistavropoulos, T., **Gallant, N. L.**, Alfano, D., Delbaere, K., Dever Fitzgerald, T. (2015, June). Relationship of frontal lobe dysfunction to gait performance in older LTC residents. Poster session presented at Canadian Psychological Association Annual Convention, Ottawa, ON.

Gallant, N. L., Arbeau, K., Liu, C., & Stewart, S. (2015, May). An examination of the association between pain and family functioning using the interRAI ChYMHI instrument. Poster session presented at Canadian Pain Society Annual Scientific Meeting, Charlottetown, PEI.

INVITED PRESENTATIONS

Ashraf, N. M. & **Gallant, N. L.** (2024, July). Digital health interventions for chronic disease management among older adults in developed countries: A scoping review for AGE-WELL's APPTA National Innovation Hub's Policy Rounds Series, Virtual.

Gallant, N. L. (2023, May). Integrating technology adoption models into implementation science methodologies: A mixed-methods pre-implementation study for Discussing the Special Issue of The Gerontologist: Implementation Science in Gerontology, Virtual.

Gallant, N. L. (2021, December). Addressing ageism to create age-friendly communities. Invited presentation for Age Friendly Saskatchewan, Regina, SK.

Gallant, N. L. (2020, February). Key barriers faced by older adults staying in or returning to the workforce: Policy recommendations. Invited presentation for AGE-WELL's APPTA National Innovation Hub, Montreal, QC.

Gallant, N. L. (2019, December). Aging with chronic diseases: What can we learn from experiences of pain among older adults? Invited presentation for University of Regina's Department of Psychology, Regina, SK.

Gallant, N. L. (2019, June). Psychologists in integrated health care: Policy recommendations. Invited presentation for AGE-WELL's APPTA National Innovation Hub, Regina, SK.

Gallant, N. L., Hadjistavropoulos, T., & Wickson-Griffiths, A. (2019, March). A web-based training program for long-term care staff. Invited presentation for Regina Brain Awareness Week, Regina, SK.

Zahid, M., **Gallant, N. L.**, Hadjistavropoulos, T., & Stroulia, E. (2019, March). The Pain Assessment Checklist for Seniors with Limited Ability to Communicate-II App. Invited presentation for Regina Brain Awareness Week, Regina, SK.

Gallant, N. L. (2019, February). Harnessing the power of technology to address pain in long-term care. Invited presentation for the Saskatchewan Health Authority, Regina, SK.

Gallant, N. L. (2016, March). La douleur physique chez les personnes âgées. Invited presentation for the Fédération des aînés fransaskois, Regina, SK.

Gallant, N. L. (2015, October). Pain in Canadian older adults. Invited presentation for the Power Pioneers Association of Saskatchewan, Regina, SK.

MEDIA APPEARANCES

- The Evan Bray Show (2024, July). Federal funding boosts dementia research at University of Regina.
- Global News Regina (2024, July). Federal funding boosts dementia research at University of Regina.
- University of Regina (2024, June). Federal funding boosts dementia research at University of Regina.
- ICI Saskatchewan (2022, February). Fin des mesures sanitaires: quel impact pour la santé mentale ?
- Global News Regina (2022, January). Visitation policies in Saskatchewan long-term care homes.
- ICI Saskatchewan (2021, October). Quelques astuces pour combattre la dépression saisonnière.
- Saskatchewan Health Research Foundation (2021, March). Implementation Science in LTC.
- ICI Saskatchewan (2020, October). COVID-19: Les répercussions sur les Canadiens ayant un problème de santé de longue durée.
- ICI Saskatchewan (2020, March). Diminuer son anxiété pendant la pandémie du COVID-19
- ICI Saskatchewan (2019, November). Anxiété de performance, l'isolement et manque de soutien chez les universitaires.
- ICI Saskatchewan (2019, July). L'activité physique peut améliorer la santé de personnes atteintes de cancer.
- Centre on Aging and Health (2019, Spring). Improving older adults' quality of life through user-friendly advanced technologies. Centre on Aging and Health Newsletter, Issue 29, 1-7.

RESEARCH SUPERVISION

Master's Thesis Supervision

- Briana De Roo, M.Sc. in Clinical Psychology, University of Regina (2024 – present)
- Saba Naderzadeh, M.Sc. in Aging Studies, University of Regina (2024 – present)
- Donna Dumitrescu, M.Sc. in Clinical Psychology, University of Regina (2023 – present)
- Natasha Taylor, M.Sc. in Clinical Psychology, University of Regina (2023 – present)
- Olivia Ryan, M.Sc. in Aging Studies, University of Regina (2023 – present)
- Kelsey Haczekewicz, M.Sc. in Clinical Psychology, University of Regina (2022 – present)
- Mir Nabila Ashraf, M.Sc. in Aging Studies, University of Regina (2022 – present)

Honours Thesis Supervision

Ayesha Shafiq, B.Sc. (Honours) in Psychology, University of Regina (2024 – present)
Carissa Melnyk, B.A. (Honours) in Psychology, University of Regina (2024 – present)
Areeba Nasir, B.A. (Honours) in Psychology, University of Regina (2023 – 2024)
Briana De Roo, B.A. (Honours) in Psychology, University of Regina (2023 – 2024)
Venezya Thorsteinson, B.A. (Honours) in Psychology, University of Regina (2023 – 2024)
Amara Kohlert, B.A. (Honours) in Psychology, University of Regina (2022 – 2023)
Donna Dumitrescu, B.A. (Honours) in Psychology, University of Regina (2022 – 2023)
Nadine Mounir, B.A. (Honours) in Psychology, University of Regina (2022 – 2023)
Kelsey Haczkewicz, B.Sc. (Honours) in Psychology, University of Regina (2021 – 2022)
Sheza Shahid, B.A. (Honours) in Psychology, University of Regina (2021 – 2022)
Maria Garcia Vargas, B.Sc. (Honours) in Psychology, University of Regina (2020 – 2021)
Emma Feere, B.A. (Honours) in Psychology, University of Regina (2020 – 2021)

Research Coordinator Supervision

Venezya Thorsteinson, B.A. (Honours) in Psychology, University of Regina (2024 – present)
Chelsea Russill, B.A. (Honours) in Psychology, University of Regina (2023 – present)
Courtney Cameron, B.A. in Psychology, University of Regina (2022 – 2023)

Research Assistant Supervision

Ana Carolina Martinez Perez, B.A. (Honours) in Psychology, University of Regina (2024 – present)
Carissa Melnyk, B.A. (Honours) in Psychology, University of Regina (2024 – present)
Meer Afia Mukaramma, B.A. in Psychology, University of Regina (2024 – present)
Taylor Hill, M.Sc. in Experimental Psychology, Dalhousie University (2023 – present)
Ayesha Shafiq, B.Sc. (Honours) in Psychology, University of Regina (2022 – present)
Zona Iftikha, B.Sc. in Psychology, University of Regina (2022 – present)
Hannah Moore, B.A. in Psychology, University of Regina (2022 – 2023)
Kayla Brodersen, M.P.P., University of Regina (2022 – 2023)

Marriem Pasha, B.A. in Psychology, University of Regina (2022 – 2023)

Seba Abdulkareem, B.Sc., University of Regina (2022 – 2023)

Laura Daari, B.A. (Honours) in Psychology, Ryerson University (2021 – 2022)

Afra Mehwish, M.A. in Management, University of Guelph (2021)

Research Intern Supervision

Bradley Fraser, B.S.W., University of Regina (2022)

Dissertation Committee Member

Geoff Rachor, Ph.D. in Clinical Psychology, University of Regina (2023 – present)

Shelby Shivak, Ph.D. in Clinical Psychology, University of Regina (2022 – present)

Rhonda Stopyn, Ph.D. in Clinical Psychology, University of Regina (2021 – present)

Janine Beahm, Ph.D. in Experimental & Applied Psychology, University of Regina (2022 – 2023)

Master's Thesis Committee Member

Anna Dollimount, M.Sc. in Clinical Psychology, University of Regina (2022 – 2023)

Robyn Shields, M.Sc. in Clinical Psychology, University of Regina (2022)

Cynthia Beck, M.Sc. in Clinical Psychology, University of Regina (2021 – 2022)

Caeleigh Landry, M.Sc. in Clinical Psychology, University of Regina (2021 – 2022)

Louise Castillo, M.Sc. in Clinical Psychology, University of Regina (2021 – 2022)

Maria Halleran, M.Sc. in Clinical Psychology, University of Regina (2021 – 2022)

Milo Avey, M.Sc. in Clinical Psychology, University of Regina (2021 – 2022)

Early Professionals, Inspired Careers in AgeTech Health Research Training Platform

Viviane Josewski, Assistant Professor in Nursing, University of Northern British Columbia (2023 – present)

Guillaume Spalla, Doctorate en informatique, Université de Sherbrooke (2022 – 2023)

CLINICAL SUPERVISION

Practicum in Clinical Psychology, Psychology Training Clinic

Aaron Philipp-Muller, Ph.D. in Clinical Psychology, University of Regina (September 2023 – present)

Christine Bueno, Ph.D. in Clinical Psychology, University of Regina (September 2023 – present)

Geoff Rachor, Ph.D. in Clinical Psychology, University of Regina (January 2023 – August 2023)

Michelle Paluszek, Ph.D. in Clinical Psychology, University of Regina (January 2023 – August 2023)

Program-Sanctioned Hours in Clinical Psychology, Psychology Training Clinic

Andrew MacLennan, Ph.D. in Clinical Psychology, University of Regina (May 2024 – present)

Vivian Tran, Ph.D. in Clinical Psychology, University of Regina (January 2024 – April 2024)

TEACHING EXPERIENCE

Department of Psychology, University of Regina, Regina, SK

PSYC 850: Psychological Assessments I (Winter 2021, Winter 2022, Winter 2023, Winter 2024)

PSYC 851: Psychological Assessments II (Fall 2021, Fall 2023)

PSYC 460: Introduction to Clinical Psychology (Fall 2021, Fall 2023)

PSYC 383: Health Psychology (Winter 2021, Winter 2022, Fall 2022, Winter 2024)

PSYC 270: Human Information Processing (Fall 2017)

PSYC 102: Introductory Psychology (Fall 2020, Winter 2022, Winter 2023)

AWARDS, HONOURS, & SCHOLARSHIPS

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| 2021 | Certificate of Academic Excellence for Doctoral Thesis, Canadian Psychological Association |
| 2019 | Student Poster Prize at the 2019 Annual CAHSPR Conference (2019) [\$800], Institute of Health Services & Policy Research, Canadian Institutes of Health Research |
| 2017 | Certificate of Academic Excellence for Master's Thesis, Canadian Psychological Association |
| 2016 | C. Jillings Award for Excellence in Clinical Psychology [\$2,500], Faculty of Graduate Studies & Research, University of Regina |

PROFESSIONAL AFFILIATIONS

| | |
|----------------|--|
| 2022 – present | Member, Association of Canadian Early Career Health Researchers |
| 2019 – present | Member, Canadian Association for Health Services & Policy Research |
| 2017 – present | Member, International Association for the Study of Pain |

- 2014 – present Full Member, Centre on Aging and Health
- 2014 – present Member, Canadian Pain Society
- 2014 – present Member, Canadian Psychological Association

PROFESSIONAL DEVELOPMENT

- 2022 Introduction to Anti-Racism Basics, Saskatoon Anti-Racism Network
- 2021 Building Research Relationships with Indigenous Communities, Saskatchewan Centre for Patient-Oriented Research
- 2021 Reviewer-in-Training, Project Grant, Canadian Institutes of Health Services
- 2019 – 2022 Visions for Change Policy Challenge, AGE-WELL’s APPTA National Innovation Hub
- 2019 Summer Institute: Staying Connected and Strengthening Social Networks, AGE-WELL’s Networks of Centres of Excellence
- 2019 Policy Education Program Certificate, AGE-WELL’s APPTA National Innovation Hub
- 2019 Distinguished Toastmaster Award, Toastmasters International
- 2017 Innovators of Tomorrow Certificate, AGE-WELL’s Networks of Centres of Excellence

PROFESSIONAL QUALIFICATIONS

- 2022 – present Registered Doctoral Psychologist (#1090), Saskatchewan College of Psychologists

PROFESSIONAL SERVICE

- 2024 – present Chair for Aging & Geropsychology Section, Canadian Psychological Association
- 2021 – present Faculty Representative for Scholarship Committee, Faculty of Graduate Studies & Research, University of Regina
- 2021 – present Member of the College of Reviewers, Canadian Institutes of Health Research
- 2021 – present Faculty Representative for Council Committee, Faculty of Graduate Studies & Research, University of Regina
- 2021 – 2024 Member-at-Large for Aging & Geropsychology Section, Canadian Psychological Association
- 2021 – 2024 Faculty Liaison for Psychology Graduate Students’ Association’s Anti-Racism Speaker Series, Faculty of Graduate Studies & Research, University of Regina

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| 2020 – 2021 | Faculty Representative for the University of Regina, Canadian Psychological Association |
| 2022 | Faculty Representative for the Research & Graduate Studies Committee, Faculty of Arts, University of Regina |
| 2021 – 2022 | Scientific Program Committee for Annual Scientific Meeting, Canadian Pain Society |
| 2020 | Faculty Representative for Arts Internship Program, Faculty of Arts, University of Regina |
| 2015 – 2019 | Trainee Representative for Steering Committee, Centre on Aging and Health, University of Regina |
| 2016 – 2019 | Graduate Student Representative for Ph.D. Committee, Faculty of Graduate Studies & Research, University of Regina |
| 2017 – 2018 | President, Psychology Graduate Students' Association, University of Regina |
| 2016 – 2017 | President, Graduate Students' Association, University of Regina |
| 2016 – 2017 | Coordinator, Three Minute Thesis (3MT) Conference, University of Regina |
| 2015 – 2016 | Psychology Student Representative for Planning Committee, Education in Pain Management Conference, University of Regina |

PEER REVIEWS

Aging & Mental Health (1)
 Canadian Journal on Aging (1)
 Canadian Psychology (1)
 Digital Health (1)
 Ethics & Behaviour (6)
 Frontiers in Global Women's Health (1)
 Frontiers in Psychology (1)
 Health Policy (1)
 JAMDA (1)
 JBI Evidence Synthesis (1)
 Internet Interventions (2)
 Preventive Medicine (1)