Translating research into practice in the face of emergent situations:
Perspectives from the long-term care sector

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Introduction & Approach

- People living and providing care in long-term care homes in Canada were disproportionately affected during the COVID-19 pandemic.
- Our team of early-career and senior researchers partnered with long-term care homes with the goal of reintegrating caregivers as essential care partners.
- We sought to understand the barriers and facilitators in implementing co-designed innovations within three long-term care homes from three Canadian provinces during the pandemic.
- To do so, we analyzed several data sources (i.e., meeting agendas, meeting minutes, group-based reflection exercise) using the Consolidated Framework for Implementation Research.

Scan the QR code for more info!

AUTHOR AFFILIATIONS
DETAILED METHODS
REFERENCES

1. Implementation Process

- **Teaming:** Hosting Standing Committee meetings
- **Assessing Context:** Relying on virtual engagement; Technical issues with virtual platforms; Lack of meaningful relationships
- **Engaging:** Providing opportunities to be heard
- **Reflecting & Evaluating:** Planning and not doing; Facilitating resident engagement
- **Adapting:** Improving virtual engagement practices

2. Innovation

Reintegration of caregivers into long-term care using Healthcare Excellence Canada's policy guidelines

3. Outer Setting

- **Policies & Laws:** Change as the constant; Inconsistency across provincial jurisdictions
- **Critical Incidents:** COVID-19 outbreaks
- **Local Conditions:** Politics & public opinions

4. Inner Setting

- **Communication:** Facilitating open communication
- **Mission Alignment:** Formally aligning with strategic plans; Informally aligning with residents, caregivers, and staff
- **Physical Infrastructure:** Relying solely on virtual interactions
- **Work Infrastructure:** High staff turnover; Resident deaths

5. Individuals

- **High- & Mid-Level Leaders:** Early involvement to show support
- **Innovation Recipients:** Limited involvement (especially with residents)
- **Implementation Leads:** Strong capacity for research; Clear point of contact
- **Implementation Team Members:** Strength in different areas of expertise; Varying levels of involvement

Conclusion

- Researchers facing emergent situations like the pandemic need to be responsive the the challenges of co-design.
- The Consolidated Framework for Implementation Research is useful for conceptualizing and identifying barriers and facilitators of the co-design process.
- Greater exchange between researchers, administrators, and policymakers would be beneficial to the co-design process.

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CIHR IRSC | Canadian Institutes of Health Research | Instituts de recherche en santé du Canada

SHRF | Saskatchewan Health Research Foundation